



**Pawspectives Petcast**



# **SENIOR PET TRACKER**

Caring for a senior pet is a journey of love, patience, and presence. This tracker helps you stay on top of their needs, notice changes early, and make their golden years as comfortable and joyful as possible.

Every entry is an act of love. 🧡

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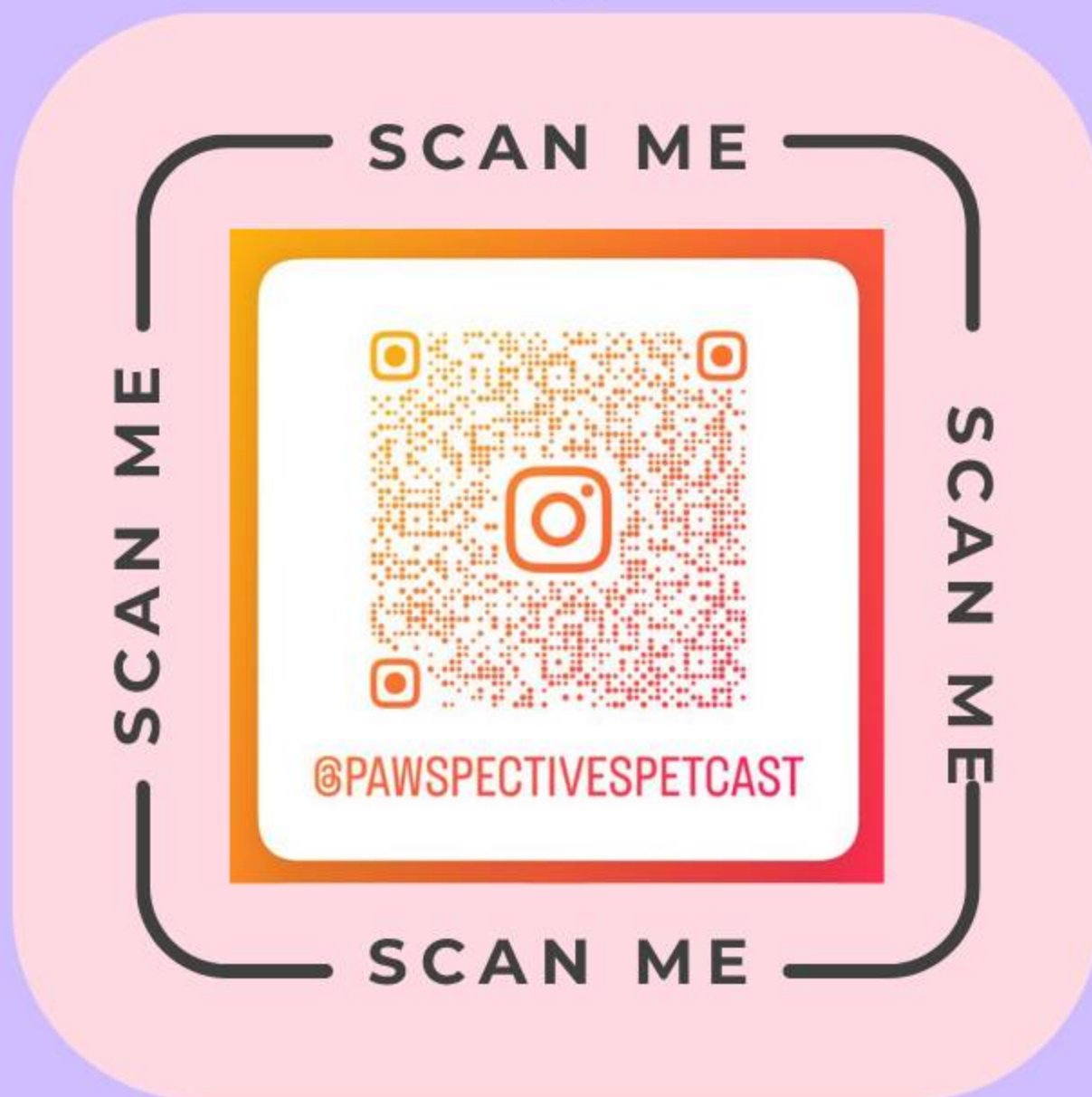
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[www.pawspectivespetcast.com](http://www.pawspectivespetcast.com)

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# PET PROFILE

## Basic Information

NAME	
BIRTHDAY	
ADOPTION DATE	
GENDER	
BREED/SPECIES	
WEIGHT	

## Medical Information

ALLERGIES	
CONDITIONS	
MEDICATIONS	

## Emergency Contacts

VETERINARIAN	
OWNER	



# Pet Related Contacts

<b>VET:</b>			
NAME:		WORKING HOURS:	
MOBILE:		PHONE:	
ADDRESS:			

<b>PET SHOP:</b>			
NAME:		WORKING HOURS:	
MOBILE:		PHONE:	
ADDRESS:			

<b>GROOMING:</b>			
NAME:		WORKING HOURS:	
MOBILE:		PHONE:	
ADDRESS:			

NAME:		WORKING HOURS:	
MOBILE:		PHONE:	
ADDRESS:			





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# **DAILY ROUTINE**

Keep their routine consistent and track daily care tasks. In the rhythm of routine, we offer them comfort and care.



# Daily Pet Planner

## MEALS & TREATS

MORNING

AFTERNOON

EVENING

PET'S NAME:

## DAY OF THE WEEK

M

T

W

T

F

S

S

FOOD & WATER



MOOD & BEHAVIOUR



NOTES

06 AM

07 AM

08 AM

09 AM

10 AM

11 AM

12 PM

01 PM

02 PM

03 PM

04 PM

05 PM

06 PM

07 PM

08 PM

09 PM

10 PM

11 PM

12AM







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# **HEALTH MONITORING**

Spot small health changes before they become big issues. Their bodies may change, but our attention helps them stay strong.







# Vaccine & Immunity Tracker

PET'S NAME:	BREED:	BIRTHDAY:
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VACCINATION	DATE	VET/CLINIC	IMMUNIZATION STATUS
Parainfluenza			
Lyme disease			
leptospirosis			
Heartworm			
Bordetella			
Distemper			
Kennel cough			
Coronavirus			
Parvovirus			
Rabies			











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# **VET VISITING RECORDS**

Keep all medical info in one easy-to-reference page.  
Part of loving them is being their voice in the vet's  
room.







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# **MOBILITY & BEHAVIOUR**

Monitor pain, movement changes, and emotional well-being. Every small step matters — let's notice the shifts that words can't say.









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# **MOOD & INTERACTION**

Understand emotional changes & how they feel day-to-day. Senior pets have quieter moods, but still so much love to give.







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# **GROOMING AND WALKING**

Gentle walks and regular grooming keep your senior pet feeling their best — inside and out. Every stroll and snip counts.











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# **PET CARE EXPENSES**

Caring for a senior pet comes with added costs — from medications and vet visits to supplements, grooming, and special diets. This section helps you stay organized and mindful of your spending.









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# **MILESTONES & MEMORIES**

Celebrate small wins, capture sweet moments.  
Their best days may be slower now — but they're  
still worth celebrating.



# Pet Bucket List

## OUT & ABOUT

(eg. Beach day)

- 
- 
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- 
- 
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- 
- 
- 

## NEW EXPERIENCES

(eg. Pet Yoga event)

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- 
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- 

## MILESTONES & MEMORIES

(eg. Birthdays)

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- 

## TASTY TREATS

(eg. New foods to try)

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- 
- 
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- 
- 
- 
- 
- 



# Pet Journal

**PET'S NAME:**

**BIRTHDAY:**



# Pet Journal

PET'S NAME:

DATE:

**I'M GRATEFUL FOR..**

**I'M CONCERNED ABOUT...**

**THE SOLUTION TO THIS IS...**

**EXTRA NOTES**





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# **PAWRENT PLANNER**

Because caring for a senior pet takes teamwork, love, and a whole lot of lists. Track chores, share responsibilities and save sweet treat recipes to make your pet's golden years even brighter.



# Pet Responsibilities

MON	TUE	WED	THUR	FRI	SAT	SUN	TASK	NAME

## WEEKLY TASKS

DATE	NAME	TASK

## MONTHLY TASKS

DATE	NAME	TASK

## ADDITIONAL NOTES



# Pet Chores

## DAILY



## WEEKLY



## MONTHLY



## NOTES



# Treat Recipe

RECIPE NAME:

PREP TIME:

COOK TIME:

INGREDIENTS:

HOMEMADE TREATS:

RECIPE NOTES:







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# **THANK YOU FOR LOVING THEM THE WAY THEY DESERVE**

Caring for a senior pet is a beautiful kind of love — quiet, patient, and deeply devoted. This tracker was made to support you through the ups, the slow days, and the small wins that matter most.

Every meal prepared, every walk taken at their pace, every gentle cuddle — it all adds up to a life well-loved.

Thank you for giving your best to their golden years. They may not say it, but they feel it. And it means everything.